

# Nisga'a Valley Health Authority

NISGA'A VALLEY HEALTH AUTHORITY



## Saksgum Gandidils

“Healthy Minds”  
“Healthy Bodies”  
“Health Spirits”

## NVHA Family Conference 2017 Wila Yeehl Gandidilshl Hlgutk'ilhkw

The NVHA Family Conference will be sharing information to promote and enhance personal and family wellness through Nisga'a traditional and cultural practices. Incorporating the traditional roles and teaching of each family member from the time the child is born and as the child transitions into adulthood. We will also explore the unique dynamics of Family health needs from various stages of life from infant to elder.

- Date: April 5,6 & 7, 2017
- Location: Gitwinksihlkw Memorial Centre
- Transportation will be provided.
- Lunch will be provided
- Morning and afternoon snacks provided
- Elders will be facilitating and sharing their knowledge of Nisga'a Traditional Health & Wellness and the impacts of colonization on holistic health.

NISGA'A VALLEY  
HEALTH AUTHORITY

Primary Business Address  
PO Box 234  
New Aiyansh, BC V0J 1A0

Phone: 250-633-5000  
1 888 233 2212  
Fax: 250-633-2512  
E-mail:  
lstephens@nisgaahealth.bc.ca  
OR  
lazak@nisgaahealth.bc.ca



## Saksgum Gandidils

"Healthy Minds, Health Bodies, Healthy Spirits"

Nisga'a Valley Health Authority, 4920 Tait Avenue, Gitlaxt'aamiks B.C. Telephone:250-633-5000, Fax: 250-633-2512 Toll Free: 1-888-233-2212

# 2017 NVHA Family Conference "Wila yeehl Gandidils Hlgutk'ihkw"

Ts'oohl Ts'ap Memorial Centre

April 5, 6, 7 2017

---

### Day 1: April 5, 2017

---

9:00 AM	Registration	
	Opening Prayer	Retired Major Oliver McNeil
9:15 AM	Call To Order	Maggie Patsy
	Introduction to MCs	Bill Leeson/Maggie Patsy
	Presentation of <u>G</u> anim Siwilyeeñ	
9:30 AM	Welcome Address	Charles Morven, Chief Counsellor Gitwinksihkw Village Government
9:45 AM	Opening Remarks	Julia Adams CEO, Nisga'a Valley Health Authority
10:00 AM	Role of the Wilksilaks	<i>Verna Williams/Rose Robinson</i>
	Open discussion	
11:00 AM	From the Spirit World to Birth: Infant's Ýaskw	<i>Emma Nyce/Irene Robinson</i>
12:00 PM	Catered Lunch	
1:00 PM	Open discussion Infant's Ýaskw	
1:30 PM	From Child to Adult Ýaskw	<i>Hester McKay/Chester Moore</i>
	Open Discussion	
2:30 PM	Nutrition Break	
2:45 PM	The importance of Algax	Dr. Gosnell/Alice Azak
	Open Discussion	
4:00 PM	Feed Back & Closing	



## Saksgum Gandidils

"Healthy Minds, Health Bodies, Healthy Spirits"

Nisga'a Valley Health Authority, 4920 Tait Avenue, Gitlaxt'aamiks B.C. Telephone: 250-633-5000, Fax: 250-633-2512 Toll Free: 1-888-233-2212

# 2017 NVHA Family Conference "Wila yeehl Gandidils Hlgutk'ihkw"

Ts'oohts'ap Memorial Centre

April 5, 6, 7, 2017

Day Two: April 6, 2017

9:00 AM	Registration	
10:00 AM	Opening Prayer	Retired Major Oliver McNeil
10:15 AM	Concurrent Sessions #1 Pre/Post Natal (Marylou McKay)	Concurrent Session #1 <i>Parenting (NCFD)</i>
11:15 AM	Concurrent Session #2 Addictions Jacqueline Adams/Bill Leeson	Concurrent Session #2 Nisga'a Crisis Response Don Leeson
12:00 PM	Catered Lunch	GES Students Music Performance
1:00 PM	Concurrent Session #3 Strengthening Families Together Noreen Spence	Concurrent Session #3 Violence Against Women in Relationship Millie Percival/Faith Tait
2:00 PM	Nutrition Break	
2:45 PM	Concurrent Session #4 Youth Sexual Safety (Child exploitation) Millie Percival/Faith Tait	Concurrent Session #4 What is Homecare and duties? Barb Robinson/Linda Morven
3:15 PM	Feedback	
4:00 PM	Door Prizes & Closing	



## Saksgum Gandidils

"Healthy Minds, Health Bodies, Healthy Spirits"

Nisga'a Valley Health Authority, 4920 Tait Avenue, Gitlaxt'aamiks B.C. Telephone:250-633-5000, Fax: 250-633-2512 Toll Free: 1-888-233-2212

# 2017 NVHA Family Conference "Wila yeehl Gandidils Hlgutk'ihlkw"

Ts'oohl Ts'ap Memorial Centre

April 5, 6, 7, 2017

### Day Three: April 7, 2017

10:30 AM	Registration	
10:45 AM	Opening Prayer	Retired Major Oliver McNeil Gitwinksihlkw Salvation Army Corps
11:00 AM	Effects of Colonization on the Nisga'a	Willard Martin Sim'oogit Nis Yuus
12:00 PM	Lunch	
1:00 PM	Blanket Exercise	Lydia Stephens/Lorna E. Azak
2:00 PM	Feedback on Blanket Exercise	
3:00 PM	Door Prizes and Closing	