## Arrive Alive - Drive Sober

## Nation Walk 2013

**NVHA Mental Health & Addictions Department** 

Invite all Nisga'a Traditional Houses, Chiefs, Matriarchs, Princes'

Princess, Lisims Government, all people and Nisga'a Entities and

organizations in the Nisga'a Nation to

Join NVHA in a Nation Substance Abuse Awareness Walk.

Date: November 20, 2013

**Place Gitlaxt'amiks** 

Start Time: 3:00 PM (Gather at 2:30)

Walk will start at Holy Trinity Church Parking Lot, go around past NESS and end at Gitmidiik Auditorium

Following the walk we will have a community Dinner at 5:00 PM at the Gitmidiik Auditorium.

Hip Hop Rap Contest presentations (Prizes to be awarded)

"Alcohol... It's a DRUG too"

Be safe, Be sensible, Know your limit."

