



Nisga'a Valley Health Authority

2015
Walk for Life
Sunday, July 19, 2015
Gingolx, BC

Walk
for
Life

**RUN/WALK 10 KM ROUTE - FRONT ENTRANCE TO MILL BAY AND BACK OR RUN/
WALK 5 KM ROUTE IN THE VILLAGE. MAP WILL BE PROVIDED ON LOCATION.**

Registration will begin at 10:00 am at the Gingolx Long House.

Walk will start at 11:00 am.

First 100 participants will receive a Walk for Life t-shirt.

Lunch will be provided after the Walk.

Door Prize for Walk for Life Participants: 2 MOUNTAIN BIKES

Transportation will be available (limited space).

For more information, contact your CCHR Team:

Karon or Marylou, 250-621-3274

Tanya, 250-326-4258

Florence, 250-633-5000