



GITMAXMAK'AY NEWS

Gitmaxmak'ay Nisga'a Society Newsletter
2014 NEW YEARS NEWSLETTER

Upcoming Events:

Jan 3rd @ 1-4pm
Adult/Elder Circuit Training
Ages 19+. New exercise equipment!

Jan 4th @ 1-4pm
Arts Drop-in at the Nisga'a Hall
Some materials provided

Jan 6th @ 3-5:30pm
CPS Workshop Brainstorming
Come share your thoughts for activities

Jan 7th @ 3-5:30pm
Health Workshop Brainstorming
Come share your thoughts for activities

Jan 10th @ 1-4pm
Arts Drop-in at the Nisga'a Hall
Some materials provided

Jan 11th @ 2-4pm
Open Climbing Wall Time
Free rock climbing at Civic Centre. Ages 7+

Jan 17th @ 1-4pm
Adult/Elder Circuit Training
Ages 19+. New exercise equipment!

Jan 18th @ 1-4pm
Arts Drop-in at the Nisga'a Hall
Some materials provided

Jan 22nd @ 1-4pm
Tea Session at the Nisga'a Hall
Insert information

Jan 24th @ 1-4pm
Arts Drop-in at the Nisga'a Hall
Some materials provided

Jan 31st @ 1-4pm
Adult/Elder Circuit Training
Ages 19+. New exercise equipment!

SEE PAGE 4 FOR FULL CALENDAR, OR
CALL THE NEW INFO LINE: 627.5151

CPS FAMILY ACTIVITIES

Led by Vern Barker, activities will be happening every Thursday at 3pm - 5:30pm at the Nisga'a Hall.



DRUM-MAKING WORKSHOPS

Taught by Chester Moore, workshops will be happening at 6pm - 9pm at the Nisga'a Hall on:
Postponed until further notice
Call the office to register now!
See page 3 for more details.

Community Announcements:

*Introducing the new Gitmaxmak'ay Nisga'a Society Facebook page!
To serve you better, we are converting our Facebook group into a page. Like us on Facebook now! Please note the existing group will no longer be updated.

*You asked us, we listened. Introducing the new Society information phone line. Call 250.627.5151 to discover upcoming events, programs, and services 24/7!

CULTURE CLASSES

Taught by Alvin Azak of WWNI, this 6 week, 3 credit hour course will be happening every Sunday at 9am - 3pm in the Multipurpose Room. Call the office to find out how to register!



Points of Interest:

*The Society office will be closed on Wednesday, January 1st for New Years.

*Check out the improved Nisga'a Hall website at www.nisgaahall.ca for lower prices and more rental options!

*New Horizons for Seniors committee meetings are on the 1st Wednesday of every month at 1pm in the Nisga'a Hall

*Reminder: the Community Preventative Services (CPS) Sports grants are available for youth recreational activities and related travel. The grant has been changed to two (2) \$100 sports grants per child, per year, and one (1) \$50 or \$100 travel grant, depending on how far.

*Swim tickets are now available at the Society office for youth 18 and under!

CULTURE & FEASTING CLASSES

Led by Sim'oogit Hay'maas Chester Moore, classes will be happening at the Nisga'a Hall:
Postponed until further notice
~~Classes will be held at 1-4pm, then again at 7-10pm to accommodate different schedules.~~

CPS WORKSHOPS

CPS workshops will be happening every Monday at 3pm - 5:30pm at the Nisga'a Hall in January. The bus will be picking kids up after school. Call the office to find out more!

ADULT/ELDER HEALTH ACTIVITIES

Workshops will be happening at 1pm - 4pm at the Nisga'a Hall on January 7th and January 21st.

Call the office to find out more!

Is there anything you want to include in the next newsletter?
Email: blair@gitmaxmakay.ca

* Do you want to subscribe to this newsletter? *
* Email us at info@gitmaxmakay.ca, call us at *
* 250.627.1595 or toll-free at 1.866.627.1590 *



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2013 YEAR-END HIGHLIGHTS

Jacob McKay, Gitmaxmak'ay Nisga'a Society Board Chair

- 1) GIFTS TO THE COMMUNITY - 500 homes received oolichans from the Doolan camp in February and Steven Eli was sponsored to work in Fishery Bay for 3 weeks. 2400 salmon were distributed in July. Over 250 people claimed a \$100 education gift to put towards school supplies in September. Over 300 households claimed a \$100 Christmas gift to Overwaitea.
- 2) NEW BUS BEING USED - the bus has gone to Gitsegukla with the Dancers, Prince George with the Elders, Hobiye in the Nass, and Vancouver for the children's Science World trip.
- 3) SALMONFEST 2013 - the first annual celebration of the return of the salmon was a huge success with hundreds of people coming out to the Civic Centre.
- 4) CULTURAL WORKSHOPS - culture, feasting, moccasin-making, regalia-making, and Nisga'a language were some of the many courses and workshops offered at the Nisga'a Hall this year.
- 5) TRAINING COURSES & WORKSHOPS - partnering with Hecate Strait, the Society offered free training to members for First Aid Level 1, WorldHost, WHMIS, FoodSafe, Basic Security, and Serving it Right. We are hoping to offer a lot more training opportunities in 2014.
- 6) NEW HORIZONS FOR SENIORS - the Elders have been teaching harvesting through traditional methods with soapberries, chum, oolichan, salmon, cedar and more.
- 7) CANOE JOURNEY & THANKSGIVING FEAST - this year the team paddled to Metlakatla, AK. Although the canoe overturned, nobody was seriously hurt. The team hosted a historic cleansing/thanksgiving feast: it was the first hosted by all four tribes and co-hosted by women.
- 8) SPECIAL EVENTS AT THE NISGA'A HALL - the grad dinner in June, Nisga'a Hall Open House in September, Elders Luau in October, and Children's Christmas Party in December all happened successfully. Outside rentals are also up nearly 70% in 2013 so far.
- 9) ENHANCED COMMUNICATIONS - newsletters and calendars are now released on the first business day of every month. The CEO and NLG Rep are writing monthly updates. A new Society info line was launched (250.627.5151). A health forum was hosted to hear from members. Community meetings were hosted every other month, including the AGM in September.
- 10) ECONOMIC DEVELOPMENT CORPORATION - as of December, the Society now owns our newly created Gitmaxmak'ay Nisga'a Economic Development Corporation (GNEDC). The GNEDC will oversee all business initiatives of the Society separate from governance. The GNEDC has secured a grant and favourable financing towards the purchase of Azalea Gardens in Seal Cove. Stay tuned for more details early in the New Year!



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Gitmaxmak'ay Nisga'a Society Drum Making Workshop



Spaces are limited with a cost share amount as follows:

12 Drums in total

- 2 - 18 inch drums cost share \$65.00 each
- 4 - 15 inch drums cost share \$55.00 each
- 5 - 12 inch drums cost share \$35.00 each

To reserve your spot and size of drum please come into the society office to pay for your cost share amount ASAP, due to space being limited this will be a first come first serve basis for our **Society members.**

Students must be in attendance to purchase drum kit

If there are any questions call 250-627-1595

Date: January 16, 17, 30, 31, 2014

Time: 6:00 – 9:00PM

Location: Nisga'a Hall



GITMAXMAK'AY NISGA'A SOCIETY

COMMUNITY AND PREVENTIVE SERVICES
INFORMATION SESSION

ADULTS, ELDERS AND CHILDREN

**WE WANT TO HEAR FROM YOU PLEASE COME
OUT AND JOIN US!!**

TOPICS FOCUSED WILL BE

WHAT KIND OF HEALTH RELATED WORKSHOPS
AND PHYSICAL FITNESS ACTIVITIES YOU WOULD
LIKE TO SEE US OFFER



DATE: JANUARY 6 & 9, 2014

TIME: 3:00 – 5:30PM

**LOCATION: NISGA'A HALL MULTIPURPOSE
ROOM**

PLEASE CALL THE SOCIETY OFFICE IF YOU WOULD LIKE
A RIDE 250-627-1595

INTRODUCING... THE NEW SOCIETY INFORMATION LINE!



250.627.5151

Call now to discover upcoming events
and community announcements 24/7!



Gitmaxmak'ay Nisga'a Culture & Feasting Classes

Starting January 14, 15, 28, 29, 2014

1:00 – 4:00pm OR 6:00 – 9:00pm

Instructor: Simoogit Haymaas, Chester Moore

**Simoogit Haymaas has requested the presence
of the youth and children at the night time
sessions to sit down and receive guidance and
direction from our Elder**

**To take advantage of this amazing opportunity
please come and join us, note that this is a non
credit course**

Any questions please call 250-627-1595



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* *****



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From the Gitmaxmak'ay Nisga'a Dancers:

We practice every Monday night at 6:30-8pm starting on January 6th.
Our group is in need of more presence from our respected elders in the community.
Our new email is: dancers@gitmaxmakay.ca

From the Gitmaxmak'ay Nisga'a Fundraisers:

We now have a Facebook page! Check us out at "Gitmaxmak'ay Nisga'a Fundraisers"
Our new email is: fundraisers@gitmaxmakay.ca

From the Gitmaxmak'ay Nisga'a Elders:

Elders meetings are on the second Wednesday of every month at 1pm in the Hall or Multipurpose Room



January 2014

Gitmaxmak'ay Nisga'a PR/PE Society

Nisga'a People of the Rainbow

301 - 860 Third Avenue West
Prince Rupert, BC
V8J 1M6

Phone: 250-627-1595
Fax: 250-627-1575
E-mail: info@gitmaxmakay.ca

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 New Year's Day Office Closed HAPPY NEW YEAR	2	3 Adult/Elder Educational Health Activities 1-4PM (NH)	4 Arts Drop In 1-4PM (NH)
5 WWNI Culture 9-3pm (Alvin Azak) MPR	6 CPS Workshop 3-5:30PM (MP) GND Practice 6:30-8:30PM (NH)	7 Adult/Elder Educational Health Workshop 1-4PM (MP)	8 New Horizons 1PM (MPR)	9 CPS Family Activities 3-5:30PM (MP)	10 Arts Drop In 1-4PM (NH)	11 CPS Gym time "Climbing Wall" @ Civic Gym
12 WWNI Culture 9-3pm (Alvin Azak) MPR	13 CPS Workshop 3-5:30PM (MP) GND Practice 6:30-8:30PM (NH)	14 Nisga'a Culture and Feasting Class 1-4PM and 7-10PM (NH)	15 Elder's Meeting NH 12-2pm Nisga'a Culture and Feasting Class 1-4PM and 7-10PM (NH)	16 CPS Family Activities 3-5:30PM (MP) Drum Workshop 6-9PM (NH)	17 Adult/Elder Educational Health Activities 1-4PM (NH) Drum Workshop 6-9PM (NH)	18 Arts Drop In 1-4PM (NH)
19 WWNI Culture 9-3pm (Alvin Azak) MPR	20 CPS Workshop 3-5:30PM (MP) GND Practice 6:30-8:30PM (NH)	21 Adult/Elder Educational Health Workshop 1-4PM (MP)	22 Tea Session 1-4pm (NH)	23 CPS Family Activities 3-5:30PM (MP)	24 Arts Drop In 1-4PM (NH)	25
26 WWNI Culture 9-3pm (Alvin Azak) MPR	27 CPS Workshop 3-5:30PM (MP) GND Practice 6:30-8:30PM (NH)	28 Nisga'a Culture and Feasting Class 1-4PM and 7-10PM (NH)	29 Nisga'a Culture and Feasting Class 1-4PM and 7-10PM (NH)	30 CPS Family Activities 3-5:30PM (MP) Drum Workshop 6-9PM (NH)	31 Adult/Elder Educational Health Activities 1-4PM (NH) Drum Workshop 6-9PM (NH)	

DO YOU WANT TO CONTACT US? WE WANT TO HEAR FROM YOU!

EMAIL US:

Jacob McKay, Board Chair: jacob@gitmaxmakay.ca
 Farley Stewart, Board Treasurer: farley@gitmaxmakay.ca
 Juanita Parnell, NLG Representative: juanita@gitmaxmakay.ca
 Cliff Morgan, NLG Representative: cliff@gitmaxmakay.ca
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 Melissa McKay, Programs Assistant: melissa@gitmaxmakay.ca
 Sabrina Clifton, Administrative Coordinator: sabrina@gitmaxmakay.ca
 Blair Mirau, Economic Development Officer: blair@gitmaxmakay.ca
 Christian Lincoln, Maintenance Coordinator: christian@gitmaxmakay.ca

COMING SOON!

WEBSITE:

www.gitmaxmakay.ca

CALL US: 250.627.1595

TOLL-FREE: 1.866.627.1590

INFO LINE: 250.627.5151

FAX: 250.627.1575

WHERE TO FIND US:

(Above the Nisga'a Hall)
#301 - 860 3rd Ave. West
Prince Rupert, B.C. V8J 1M6

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